

## 3rd Sunday of Easter

### Sunday April 23

Acts 2:14,22-33

Ps 16:1-2,5,7-11

1 Peter 1:17-21

Luke 24:13-35

### Monday April 24

Acts 6:8-15

Ps 119:23-24,26-27,29-30

John 6:22-29

### Tuesday April 25

#### St. Mark

1 Peter 5:5b-14

Ps 89:2-3,6-7,16-17

Mark 16:15-20

### Wednesday April 26

Acts 8:1b-8

Ps 66:1-3a,4-7a

John 6:35-40

### Thursday April 27

Acts 8:26-40

Ps 66:8-9,16-17,20

John 6:44-51

### Friday April 28

Acts 9:1-20

Ps 117:1bc,2

John 6:52-59

### Saturday April 29

#### St. Catherine of Siena

Acts 9:31-42

Ps 116:12-17

John 6:60-69

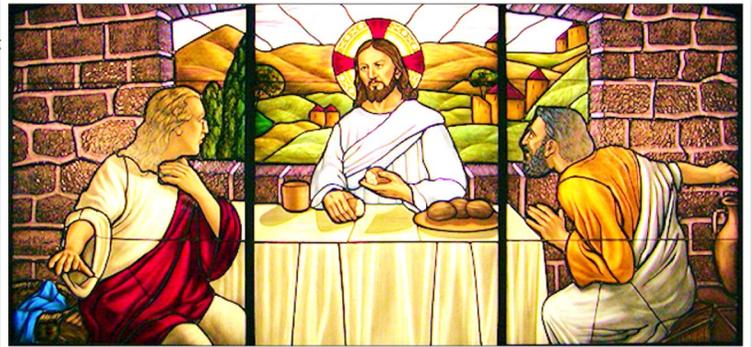
The two disciples of today's Gospel reading did not recognize Jesus until after they heard him explain the scriptures and then broke bread with him. It was a two-part process. First, while listening to him teach about the scriptures, only their hearts recognized him. ("Were not our hearts burning within us?") Their eyes didn't see his true identity until Jesus shared a meal with them, raised the bread, blessed it, broke it, and gave it to them to eat.

When we celebrate Mass today, we're on a similar journey with Jesus. First, we have the Liturgy of the Word, during which we hear the scriptures and a homily that explains them. This is a time of opening our hearts to him.

A well-trained reader will speak the words of scripture with meaning and emphasis so that our hearts can recognize God in the words. A well-trained priest or deacon will set our hearts on fire as if Jesus himself were teaching us the meaning of the scriptures. But even when the reader

or homilist does a poor job, we can open our hearts to hear Jesus speaking to us directly.

Then we move into the Liturgy of the Eucharist. When the presiding priest consecrates the bread and wine, it is Jesus himself who is actually doing it, using the priest's hands and vocal chords. Jesus is doing for us what he did for those two disciples at Emmaus.



If we have opened our hearts to Jesus during the first part of Mass, and if we are still paying attention, we see more than a piece of bread and a chalice of wine. We see Jesus. We recognize him with our hearts *and* our heads. We know beyond all doubt that the resurrected Jesus is truly present in the Eucharist.

### Reflect & Discuss:

- † In what area(s) of your life does Jesus seem to be absent? How can the Mass help you recognize Jesus and feel his closeness?
- † What else can you do to discover the presence of Jesus when you are not able to sense his nearness?
- † When did you first discover that Jesus is truly present in the Eucharist? What helped you with that discovery?
- † How do you know that the bread and wine change into the substance of Jesus while retaining their original form (which is called "transubstantiation")?
- † How easy is it for you to recognize Jesus in the Eucharist? Why?